



# Parker Sprint Triathlon/5K Run/ 1.5 Walk

- **Who:** Anyone is welcome to participate! Registration forms can be found at [www.Parkerrec.wikispaces.com](http://www.Parkerrec.wikispaces.com), and our Facebook Event Page.
- **What:** Parker Sprint Triathlon & 5K Run and Walk. A Sprint Triathlon is a 5K Run, 10 mile Bike, and 200 meter swim to be done as an individual or with a team effort.
- **Where:** City Park, Parker SD
- **When:** August 9<sup>th</sup>, 2014. Check- in begins at 7:15. Race time is 8:00 am.
- **Why:** To promote fun, healthy activities for all ages in the community. All proceeds go to the Parker Rec Board, which assists in providing equipment and the facilities necessary to assure quality activities for young and old.
- **Prizes will be awarded to:** Top Male & Female 5K finisher, Top Male & Female Sprint Tri. Individual finisher, Top Sprint Tri. Team finisher. Visors will be given to the first 150 participants to register on Race morning.

**Please circle one:**

5K Run(\$15)

1.5 family Walk(\$15)

Sprint Tri. Individual(\$25)

Sprint Tri. Team(\$60)

Name(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Contact Name & phone # \_\_\_\_\_

Email address: \_\_\_\_\_

Waiver must be read and signed. In consideration of my entry, I intend to be legally bound, do hereby, for myself, heirs, executors, and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue to me against race organizers, all race sponsors, City of Parker, State of SD, meet directors, or any race official while traveling to and from the event and participating, or its respective officers, agents, representatives, successors, and/or assigns, for any or all injuries suffered by me in this event.

**Signature of participant(s):**

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

**Parent Signature if participant is under 18.** \_\_\_\_\_ Date: \_\_\_\_\_

